

# VEGAN MENU

## Starters

### **Polenta E Funghi (GF) £4.95**

Baked polenta (maize) in a Napoli sauce, topped with sauted garlic mushrooms

### **Panzerotti Primavera £5.80**

Deep fried small parcels of pizza dough stuffed with finely chopped seasonal vegetables, served with a spicy tomato sauce

### **\*Minestrone (GF on request) £3.80**

Traditional Italian vegetable soup finished with tomatoes & oregano, served with crusty bread

### **\*Bruschetta Al Pomodoro**

**(GF on request) £3.70**

Italian bread topped with chopped tomatoes, garlic, olive oil, basil & sea salt

### **\*Focaccia Aglio Olio £4.75**

Focaccia with garlic, olive oil, sea salt & Rosemary

### **Antipasto Misto Di Vegetali (GF)**

**£6.25/12.00**

A mixture of grilled aubergine, courgettes, artichokes, peppers & mushrooms, with olives & gherkins in brine. Served with garlic bread, ideal for sharing

### **Funghi Messicana (GF) £4.50**

Cajun baked mushrooms with a tomato & chilli dip, served with tortilla chips

## Mains

### **\*Pizza Primavera £7.25**

Tomato pizza base with rocket, spinach, artichokes, black olives & red onion

### **\*Calzone Giardinera £8.25**

Folded tomato pizza base stuffed with finely chopped seasonal vegetables. Served with mixed leaves & homemade dressing

### **Risotto All Milanese (GF) £9.50**

Slowly cooked Arborio rice with Iranian saffron, finished with white wine, onion & garlic

### **Pepperoni Ripieni (GF) £10.00**

Peppers stuffed with couscous, mixed vegetables & Napoli sauce

### **Gnocchi Contadina £7.75**

Italian dumplings with peppers, mushrooms, oregano, basil & Napoli sauce

### **\*Spaghetti Della Nonna (GF on request) £7.50**

Broccoli, mushrooms, olives, olive oil & chilli

### **\*Penne Napoli (GF on request) £ 7.15**

Small pasta quills in a tomato, garlic, basil & onion sauce

### **\*Penne Arrabiata (GF on request) £7.15**

Small pasta quills in a spicy Napoli & chilli sauce

**\*All these dishes are available at all times.  
(Pizza available from 5pm Monday to Friday)**

**All other dishes are available as a pre-order only, with at least one days notice.**

**Please Note –**

**All above dishes can be ordered as A La Carte (prices as above) or ordered as a set Lunch or Dinner at usual set menu prices.**